

Shenley And Loughton Toxophilist (S.A.L.T)



**Archery Have A Go Session 17th February –
17.30 – 19.00. (£3.00 – 30 minute session –
Pre-bookable)**

**Beginners Course 3rd/10th/17th/24th March
17.30 – 19.15. Adult £55.00 Junior £45.00**

**These can be booked through Shenley
Leisure Centre. Phone: 01908 502488**

Shenley Leisure Centre is teaming up with 'S.A.L.T' to provide an introductory to Archery course. Customers will learn & improve their Archery skills under the guidance of professional coaches, helping to develop new skills & techniques. On successful completion you will receive a certificate allowing you to join the local archery club. You will be introduced to your coach, learn the basic equipment rules, be shown how to assemble your bow and various shooting techniques before being let loose to shoot at various targets.